Basic Stage Make-Up Guide

Helping our dancers look their best on stage!

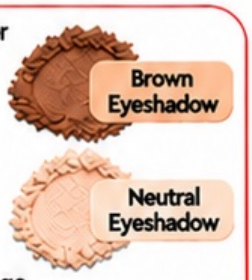
dance WANAKA

Stage make-up is important because bright stage lights can wash out natural facial features. A little extra definition helps the audience see each dancer's expressions clearly.

What you will need

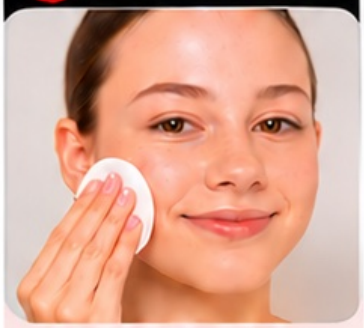


- Foundation or tinted moisturiser
- Concealer (optional)
- Light powder
- Blush (pink or soft rose)
- **Black eyeliner**
- **Black mascara**
- **Neutral eyeshadow**
- **Brown eyeshadow**
- **Red** lipstick
- Make-up brushes and a sponge



Step-by-step application

1 Prepare the skin



Start with a clean, moisturised face. Tie hair away from the face.

2 Foundation



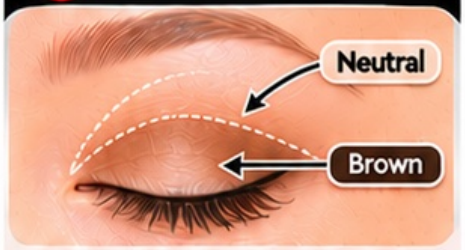
Apply a light, even layer of foundation that matches your skin tone. Blend well around the jawline and hairline. Use a little concealer if needed.

3 Powder



Lightly dust the face with powder to set the foundation and reduce shine.

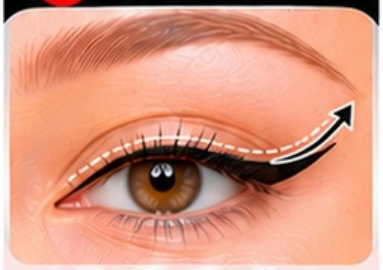
4 Eyeshadow



Apply eyeshadow in two steps:

1. Apply a **neutral** eyeshadow all over the eyelid up to the eyebrow to create a smooth base.
2. Then apply a **brown** eyeshadow to the crease and outer eyelid, as shown. Blend well for depth and definition.

5 Eyeliner



Apply a fine line of **black eyeliner** along the top eyelid (upper lash line). Extend the line slightly upwards toward the eyebrow to give the eye an uplift and a more defined shape.

6 Black Mascara



Apply one or two coats of **black mascara** to the upper lashes. Take care not to smudge.

7 Blush



Apply pink or soft rose blush to the apples of the cheeks, blending gently upwards towards the temples. This adds colour and definition.

8 Red Lips



Finish with **red lipstick** recommended by your teacher. Apply evenly and check there are no smudges.

A few important reminders

- ✔ Keep make-up neat, tidy and suitable for the age of the dancer.
- ✔ Avoid glitter unless specifically requested.
- ✔ Make sure make-up is applied evenly and is not too heavy.
- ✔ Use clean brushes and sponges. Never share mascara or lip products.
- ✔ Check make-up in good lighting before leaving home.
- ✔ Pack **red lipstick** and a small powder for touch-ups if needed.
- ✔ Remove all make-up thoroughly after the performance.

Remember:
Stage make-up should enhance your natural features, not change how you look. The aim is to have a fresh, neat and confident appearance on stage!

Enjoy performing and most importantly, smile!